



Silky Leash and Yielding to Collar Pressure

This technique from Grisha Stewart teaches the dog to yield to small amounts of pressure on the leash. You can practice at home with a clicker and kibble.

Preparation

You will need:

- A pouch of puppy kibble
- A clicker
- A leash
- A puppy who is hungry and ready to work

Process

1. Clip the leash on the collar, and wait until the dog is calm.
2. Lift the clasp of the leash so it's barely tight, not actually pulling in an aversive way. Give them two seconds to see if they happen to move in a direction that loosens the leash.
3. If they do, reinforce that movement with a click and treat.
4. Repeat until you can see the dog respond readily to very slight leash pressure while inside, then start working on it in a familiar place outside.
5. Gradually increase the distractions while playing this game to teach your dog to follow you with feather-light leash pressure all around town.