**Body Condition System**

1. **Too Thin**
   - Ribs, lumbar vertebrae, pelvic bones and all bony prominences evident from a distance. No discernible body fat. Obvious loss of muscle mass.


3. Ribs easily palpated and may be visible with no palpable fat. Tops of lumbar vertebrae visible. Pelvic bones becoming prominent. Obvious waist and abdominal tuck.

4. **Ideal**
   - Ribs easily palpable, with minimal fat covering. Waist easily noted, viewed from above. Abdominal tuck evident.

5. Ribs palpable without excess fat covering. Waist observed behind ribs when viewed from above. Abdomen tucked up when viewed from side.

6. **Too Heavy**
   - Ribs palpable with slight excess fat covering. Waist is discernible viewed from above but is not prominent. Abdominal tuck apparent.

7. Ribs palpable with difficulty; heavy fat cover. Noticeable fat deposits over lumbar area and base of tail. Waist absent or barely visible. Abdominal tuck may be present.

8. Ribs not palpable under very heavy fat cover, or palpable only with significant pressure. Heavy fat deposits over lumbar area and base of tail. Waist absent. No abdominal tuck. Obvious abdominal distention may be present.


The **Body Condition System** was developed at the Nestlé Purina Pet Care Center and has been validated as documented in the following publications:

- Lofrorence DP. Development and Validation of a Body Condition Score System for Dogs. *Canine Practice July/August 1997; 22:10-13*
- Reddy et al. Effects of Diet Restriction on Life Span and Age-Related Changes in Dogs. *JAVMA 2002; 220:1255-1260*

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