Puppy Enrichment

Ideas and Activities to do at Home
What is Enrichment?

- Providing safe and “legal” outlets for normal dog behavior

- Try not to think of enrichment as something extra that we provide for our dogs, but as a necessary part of their mental health. Enrichment greatly helps to reduce behavior problems and improves the dog’s quality of life
Chew Toys
Treat Dispensing Toys
Puzzle Toys
Slow Feeding Options
Don’t forget to clean toys!!!

Most durable toys (think Nylabones, KONG, etc) can be run through the dishwasher.

This is a great time to rotate toys 😊

Use a toothbrush or bottle brush to clean the inside of toys.
Auditory Enrichment

Studies show dogs enjoy a variety of music, from classical to reggae and soft rock.

What type of music does your dog like best?

**Do not have music playing constantly for your dog. Just like us, they need quiet breaks from time to time!**
Body Awareness Exercises
Sniffy Walks

~15’ Long Line
ALWAYS HOLD LEASH
Practice “good dog” behaviors
DIY Ideas
What Else??
Training as Enrichment

Shaping Exercises
- Fun
- Open Ended
- For the Joy of training

https://www.youtube.com/watch?v=XGXJwkO_yk0&t=92s
Thank You!